

The Glycemic Load Counter: A Pocket Guide To GL And GI Values For Over 800 Foods By Mabel Blades

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mabel blades (author of the glycemic load counter) - Mabel Blades is the author of The Glycemic Load Counter (3.08 avg rating, 13 ratings, 1 review, published 2008), The Gi Counter (3.00 avg rating, 1 rating)

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